



FOR IMMEDIATE RELEASE
May 1, 2014

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Fitzgerald Designates May as Older Americans Month, Announces Activities

PITTSBURGH – Allegheny County Executive Rich Fitzgerald today designated the month of May as “Older Americans Month” in Allegheny County and released a list of activities planned in senior centers throughout the county to celebrate the month.

“One of our greatest assets in this region is our people, and particularly our seniors. We can learn a great deal from the nearly 287,000 of our residents are ages 60 and older,” said County Executive Fitzgerald. “They play a vital role in our community, acting as mentors, teachers, friends and inspirations to all those with whom they interact. This month of activities is dedicated to recognizing their stories of strength and survivorship, triumph and tribulations, victories and disappointments, and so much more.”

The Department of Human Services’ Area Agency on Aging (AAA) has one purpose: To help Allegheny County residents 60 years of age and older live quality lives. AAA offers a variety of services to choose from; many without regard to income or activity level. This includes a network of 53 senior centers in the county that offer weekday activities including creative arts and learning, educational programs, exercise, wellness and physical fitness programs, financial and benefit counseling, lunch, referrals to services, special off-site activities, volunteer opportunities and more.

The complete schedule for Older Americans Month follows:

THURSDAY, May 1, 2014		
Thu., May 1	Senior Games <u>Schenley Oval Sportplex</u> <i>One Overlook Drive, Pittsburgh, PA 15260</i>	10:00 a.m.-12:00 noon
Thu., May 1	Cinco de Mayo Party <u>John J. Kane Regional Center - Scott Township</u> <i>300 Kane Boulevard, Pittsburgh, PA 15243</i>	2:00 p.m.-3:00 p.m.
Thu., May 1	Wii Bowling <u>Beechview, Brighton, Greenfield, Glen Hazel, Hazelwood, Homewood, Lawrenceville, Morningside, Mt. Washington, Northside, Northview Heights, Sheraden, Southside, and West End</u>	Call for Appointment 412-422-6405
FRIDAY, May 2, 2014		

Fri., May 2	Wii Bowling Beechview , Brighton , Greenfield , Glen Hazel , Hazelwood , Homewood , Lawrenceville , Morningside , Mt. Washington , Northside , Northview Heights , Sheraden , Southside , and West End	Call for Appointment 412-422-6405
SATURDAY, May 3, 2014		
Sat., May 3	Senior Games Breakers Billiards 1413 Potomac Avenue, Pittsburgh, PA 15216	10:00 a.m.-2:00 p.m.
MONDAY, May 5, 2014		
Mon., May 5	Cinco de Mayo Party 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:00 a.m.
Mon., May 5	Senior Games Lawrenceville Center 4600 Butler Street, Pittsburgh PA 15201	10:00 a.m.-2:30 p.m.
Mon., May 5	May Day Celebration for Seniors Carnegie Museum of Art & Natural History (Free Admission for Seniors) 4400 Forbes Avenue, Pittsburgh PA 15213	11:00 a.m.-2:00 p.m.
Mon., May 5	Vintage Fashion Show & Lunch Riverview 501 Second Street, Oakmont, PA 15139	12:00 noon
Mon., May 5	Older Americans Event John J. Kane Regional Center - Scott Township 300 Kane Boulevard, Pittsburgh, PA 15243	2:00 p.m.
TUESDAY, May 6, 2014		
Tue., May 6	Go Wild for Older American's Month Plum Senior Community Center 499 Center – New Texas Road, Pittsburgh, PA 15239	All Day
Tue., May 6	Older Americans Dance \$9. Register by May 2 at 412-831-7111. Misaki Old Town Buffet 860 Saw Mill Run Boulevard, Pittsburgh, PA 15226	10:00 a.m.-2:00 p.m.
Tue., May 6	The Back-Up Plan Chiropractic care Sheraden Center 720 Sherwood Avenue, Pittsburgh, PA 15204	10:30 a.m.
Tue., May 6	Older Americans Tea Lutheran Service Society 440 Lincoln Avenue, Pittsburgh, PA 15202	12:30 p.m.-2:00 p.m.

WEDNESDAY, May 7, 2014		
Wed., May 7	Remember When Party Center North Senior Center Nativity Lutheran Church 4517 Mt. Royal Boulevard, Allison Park, PA 15101	10:00 a.m.-12:00 noon
Wed., May 7	Country Western Day Plum Senior Community Center 499 Center – New Texas Road, Pittsburgh, PA 15239	11:00 a.m.
THURSDAY, May 8, 2014		
Thu., May 8	Party Leland Resource Center 5230 Wolfe Road, Pittsburgh, PA 15236	10:30 a.m.-2:30 p.m.
Thu., May 8	The Back-Up Plan Chiropractic care 122 Virginia Avenue, Pittsburgh, PA 15211	10:30 a.m.
FRIDAY, May 9, 2014		
Fri., May 9	Mother's Day Party 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:00 a.m.
Fri., May 9	UPMC East Health Screening Penn Hills Center 147 Jefferson Road, Pittsburgh, PA 15235	10:00 a.m.-2:00 p.m.
Fri., May 9	Older American's Month Picnic Vintage: \$10/members, \$20/non-members. Register by May 2 at 412-361-5003 x116 401 N. Highland Avenue, Pittsburgh PA 15206	10:00 a.m.-3:00 p.m.
Fri., May 9	Healthy Steps for Older Americans Class Plum Senior Community Center 499 Center – New Texas Road, Pittsburgh, PA 15239	10:00 a.m.-3:00 p.m.
Fri., May 9	The "Lunch Bunch" Outback Steakhouse 3000 Mosside Boulevard, Monroeville, PA 15146	11:30 a.m.
SATURDAY, May 10, 2014		
Sat., May 10	Senior "Sock Hop" Hill House 2038 Bedford Avenue, Pittsburgh, PA 15219	4:00 p.m.-9:00 p.m.
MONDAY, May 12, 2014		
Mon., May 12	Senior Show and Tell Party Etna Senior Center The First Congregational Church of Etna 49 Locust Street, Pittsburgh, PA 15223	11:00 a.m.-12:00 noon

TUESDAY, May 13, 2014		
Tue., May 13	The Back-Up Plan <i>Chiropractic care</i> 745 Greenfield Avenue, Pittsburgh PA 15217	10:30 a.m.
WEDNESDAY, May 14, 2014		
Wed., May 14	Butterfly Party & May Birthday Celebration 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:00 a.m.
Wed., May 14	The Back-Up Plan <i>Chiropractic care</i> 7321 Frankstown Road, Pittsburgh, PA 15208	10:30 a.m.
Wed., May 14	Education Day <i>Speakers on fire prevention, medication management, fall prevention, and an exercise demo.</i> Stephen Foster Community Center 286 Main Street, Pittsburgh, PA 15201	11:00 a.m.-2:15 p.m.
THURSDAY, May 15, 2014		
Thu., May 15	Slots or Shops <i>Bus trip to the Meadows or Tanger Outlets. \$27. Register by May 8 at 412-573-1973.</i> Plum Senior Community Center 499 Center – New Texas Road, Pittsburgh, PA 15239	8:30 a.m.-4:00 p.m.
Thu., May 15	The Back-Up Plan <i>Chiropractic care</i> 12th & Bingham Street, Pittsburgh, PA 15203	10:30 a.m.
Thu., May 15	Guest Speaker – Author Margaret Smith Washington <i>Will be speaking about her book, “Doctor Can you Hear Me? Patient Are You Listening?”</i> Turtle Creek Senior Center 519 Penn Avenue, Turtle Creek, PA 15145	12:30 p.m.
Thu., May 15	Honor Ceremony: The Great Circle, The Importance of Elders in Our Society, The Native American View <i>Speakers from The Council of Three Rivers American Indian Center Elders Program.</i> Luther Service Society 440 Lincoln Avenue, Pittsburgh, PA 15202	12:30 p.m.-2:00 p.m.
FRIDAY, May 16, 2014		
Fri., May 16	Trip to Station Square Plum Senior Community Center	10:00 a.m.-2:00 p.m.

	<i>499 Center – New Texas Road, Pittsburgh, PA 15239</i>	
Fri., May 16	28th Annual Volunteer Recognition Gala Sheraton Hotel, Station Square <i>300 W. Station Square Drive, Pittsburgh, PA 15219</i>	10:30 a.m.-2:00 p.m.
MONDAY, May 19, 2014		
Mon., May 19	Spring Walk Squaw Valley Park <i>Fox Chapel Road, O'Hara Township (between O'Hara Township Municipal Building and Delafield Road)</i>	10:00 a.m.-1:00 p.m.
Mon., May 19	Cocktail Party Seton Center <i>1900 Pioneer Avenue, Pittsburgh, PA 15226</i>	5:00 p.m.08:00 p.m.
TUESDAY, May 20, 2014		
Tue., May 20	Genealogy Day <i>Bring in photos of loved ones to share memories and stories.</i> Lutheran Service Society <i>440 Lincoln Avenue, Pittsburgh, PA 15202</i>	10:00 a.m.-11:30 a.m.
Tue., May 20	Ice Cream Social \$3. Register by May 16 at 412-461-0441. Homestead Park <i>4231 Shady Avenue, Homestead, PA 15120</i>	12:30 p.m.-2:00 p.m.
WEDNESDAY, May 21, 2014		
Wed., May 21	Ice Cream Social \$1. Register by May 12 at 412-216-3169. Century III Mall <i>3075 Clairton Road, Level 2 West Mifflin, PA 15123</i>	10:00 a.m.-1:00 p.m.
Wed., May 21	Eye Doctor Presentation <i>Presentation about "low vision" and the safety repercussions.</i> 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:30 a.m.
Wed., May 21	A Night of Jazz \$8. Performance by the Plum High School Jazz Ensemble. Plum Senior Community Center <i>499 Center – New Texas Road, Pittsburgh, PA 15239</i>	6:30 p.m.-8:00 p.m.
THURSDAY, May 22, 2014		
Thu., May 22	Meet the Chiropractor Plum Senior Community Center <i>499 Center – New Texas Road, Pittsburgh, PA 15239</i>	10:30 a.m.-1:30 p.m.

FRIDAY, May 23, 2014		
Fri., May 23	Memorial Day Picnic Millvale Senior Center 917 Evergreen Avenue, Millvale, PA 15209	9:30 a.m.
Fri., May 23	Memorial Day Party 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:00 a.m.
Fri., May 23	Party John J. Kane Regional Center - McKeesport 100 Ninth Street, McKeesport, PA 15132	1:30 p.m.-2:30 p.m.
MONDAY, May 26, 2014		
Mon., May 26	Senior Appreciation Day New Image Senior Center 209 13th Street, Pittsburgh, PA 15215	11:30 a.m.
TUESDAY, May 27, 2014		
Tue., May 27	A Trip to the Country <i>\$35/person. Motorcoach bus trip with Spintours. Register by May 13 at 412-573-1973.</i> Plum Senior Community Center 499 Center – New Texas Road, Pittsburgh, PA 15239	10:00 a.m.-5:00 p.m.
WEDNESDAY, May 28, 2014		
Wed., May 28	Physical Therapy Presentation 631 E. Warrington Avenue, Pittsburgh, PA 15210	10:30 a.m.
Wed., May 28	Talent Show New Hazlett Theater Six Allegheny Square East, Pittsburgh, PA 15212	1:00 p.m.-3:00 p.m.
THURSDAY, May 29, 2014		
Thu., May 29	Card Party <i>\$10. Register by May 16 at 412-276-5056.</i> Chartiers Resource Center 300 Lincoln Avenue, Carnegie, PA 15106	10:00 a.m.-2:00 p.m.
FRIDAY, May 30, 2014		
Fri., May 30	Senior Picnic <i>\$7. Register at 412-664-5434.</i> Renzie Park McKeesport, PA	10:00 a.m.-3:00 p.m.
Fri., May 30	Sing-Along and Dance Party Highlands/Tarentum Senior Center 704 Second Avenue, Room 100B, Tarentum, PA 15084	1:00 p.m.-3:00 p.m.

SATURDAY, May 31, 2014

Sat., May 31	Arthritis Walk <i>Register by May 19 at 412-573-1973. Donations accepted.</i> <u>Southside Works, 26th Street</u>	8:00 a.m.-11:30 a.m.
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OFFICE OF THE COUNTY EXECUTIVE

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