

FOR IMMEDIATE RELEASE

February 26, 2014

ALLEGHENY

CONTACT: Parks Department 412-350-2455

Allegheny County Parks Activities & Events for February 27-March 23

PITTSBURGH – The Allegheny County Parks Department announces its activities and events schedule for February 27-March 23. Newly added activities and events are highlighted in yellow. All events are free unless otherwise noted. For additional information, visit the <u>County Parks website</u>. Locate facilities and get directions on the <u>County Parks Google Map page</u>. Find affordable winter events and activities for the whole family on our <u>Winter Fun website</u>. <u>Sign up</u> for email updates and news about the County Parks or check out our <u>Facebook Events Page</u>.



Skiing & Snowboarding at Boyce Park



Snow Tubing at Boyce Park



Ice Skating at North Park



Ice Skating at South Park



Maple Syrup

Making Demonstrations
at North Park Nature Center

Mon.-Fri. through March 14 Morning, Afternoon & After-School Hours Available

Fulfills Webelos Badge & Brownies Try-It

| THURSDAY, FEBRUARY 27, 2014 | | |
|-----------------------------|---|---------------------|
| | Adult Nature Walk | |
| Thu., Feb. 27 | Free. Originally started as a program for stroke & heart patients, this nature group has expanded to any interested adult. The informal group meets rain or shine every | 10:00 a.m12:00 noon |

| | Thursday of the year. Local naturalists guide these enlightening, leisurely paced walks. New nature adventures & discoveries every week. Dress well for outdoor walking. Meet at North Park Ice Rink Parking Lot | |
|-------------------------|--|----------------------|
| Thu., Feb. 27 | Tai Chi Easy Class Free. Tai Chi Easy is a type of low-impact, weight-bearing & aerobic, yet relaxing, exercise. Tai Chi Easy focuses on enhancing physical & mental health through involved slow, gentle movements, deep breathing & meditation. Call 412-675-8556 or email Angora Gardens to register or for more information. White Oak Park Angora Gardens | 5:00-6:00 p.m. |
| Thu., Feb. 27 | South Park Table Tennis – Informal Practice Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | 7:30 p.m. |
| | FRIDAY, FEBRUARY 28, 2014 | |
| Fri., Feb. 28 | Zumba Class Free. Featuring Latin rhythms and easy-to-flow dance moves, Zumba® is a dance-exercise program that keeps everyone motivated by creating a party-like atmosphere. Come join the fun! All fitness levels welcome. No equipment required. Call 412-675-8556 or email Angora Gardens to register or for more information. White Oak Park Angora Gardens | 11:00 a.m12:00 noon |
| Fri., Feb. 28 | Yoga Class Free. Designed for students who are new to Yoga or need a refresher, as well as those who have been practicing but are not quite at the professional stage yet. The class will focus on refining basic postures and breath work while building strength, flexibility and awareness. You will learn proper alignment in the basic foundation of postures. Call 412-675-8556 or email Angora Gardens to register or for more information. White Oak Park Angora Gardens | 12:00 noon-1:00 p.m. |
| SATURDAY, MARCH 1, 2014 | | |
| Sat., March 1 | In-Line Skating & Deck Hockey Season Begins Get additional information, hours & rates online. South Park Deck Hockey Rink | 8:00 a.m. |
| Sat., March 1 | Venture Outdoors Rachel Carson Trail Quest #1 \$15 for non-members; \$10 for Venture Outdoors members. The Rachel Carson Trail snakes 34 miles | 10:00 a.m4:00 p.m. |

| | across northern Allegheny County. It is the most rugged trail in Western Pennsylvania. The trails follows power and gas lines, skirts residential areas, challenges your arches on paved roads, crosses creeks without bridges, meanders through woods and fields and passes along the edge of steep bluffs. Parts of this trail are pretty, parts are wretched, but all of it is surprising! Every year, 600 people take the Rachel Carson Trail Challenge and complete the full distance in one exhausting day with appropriate bragging rights. This Quest series, led by Bruce Cridlebaugh, lets you hike the trail in four sections in the direction of this year's Rachel Carson Trail Challenge with a bonus fifth hike that features a connection to the still-developing Harmony Trail. On each hike, we will meet at the hike end point and shuttle to the start. Sign up for the entire five-hike RCT Quest for \$40. This first hike will start in North Park and cover 12.7 miles to Dorseyville. Be aware: This is a very strenuous hike and you need to be in shape to attempt it. The saying is: "If there's a possible worst way for a trail to go, that's where The Rachel goes." This trail includes sections that are very steep with no switchbacks or alternatives. Dates of the remaining hikes are: Saturday, March 15; Saturday, March 22; Saturday, March 29; and Saturday, April 5. Get more information & register online. North Park Beaver Shelter | |
|---------------|---|----------------|
| Sat., March 1 | L.L. Bean Dog Day Afternoon Hike Free. Minimum age 8. Ages 8-14 must be accompanied by a participating adult. Ages 15-17 may participate alone after parent has signed appropriate release form. Join L.L. Bean on this outing for a day the dogs will remember. We'll explore the woodland trails of Hartwood Acres Park and have a pit stop to run free in the off-leash area. Hike distance will be approximately 4 miles. Dogs must be leashed, people-friendly, vaccinated and well-socialized. Get more information & register online. Hartwood Acres Park Middle Road Parking Lot | 11:00 a.m. |
| Sat., March 1 | Venture Outdoors Winter Wine Tasting Hike \$52 for non-members; \$40 for Venture Outdoors members. Minimum age 21. Enter the winter landscape of North Park and enjoy an easy 3- to 4-mile hike while learning about the history of the area. After the hike, we'll go to the nearby Tuscan Inn to taste a variety of quality wines paired with appetizers and Tuscan bread. Get more information & register online. North Park Pie Traynor Field | 2:00-5:30 p.m. |
| | MONDAY, MARCH 3, 2014 | |

| Mon., March 3 | South Park "Oz On Ice" Skating Show Free & open to the public. The show will feature ice skaters who have taken lessons from the Parks Department this season, as well as their instructors. They will showcase their skills, which range from beginner through competitive skating levels. Performer ages are pre-school through adults. This year's theme is "Oz On Ice," and will feature musical selections from "The Wizard of Oz," "Wicked" and "Oz the Great & Powerful." For details, call 412-833-1799. South Park Ice Rink | 7:00 p.m. |
|---------------|--|---------------------|
| | TUESDAY, MARCH 4, 2014 | |
| Tue., March 4 | Arts & Crafts Class Free. Call 412-675-8556 or email Angora Gardens to register or for more information. White Oak Park Angora Gardens | 11:00 a.m12:00 noon |
| Tue., March 4 | South Park Table Tennis – Competitive Play Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | 7:30 p.m. |
| | WEDNESDAY, MARCH 5, 2014 | |
| Wed., March 5 | Family Skate \$10 per family (2 adults & up to 4 children ages 17 & under) for Allegheny County residents. \$13 per family for non-residents. North Park Ice Rink & South Park Ice Rink | 4:30-7:00 p.m. |
| Wed., March 5 | One-Stroke Painting Class Free. A decorative painting class that teaches how to shade and highlight at the same time. No experience or supplies needed. Call 412-675-8556 or email Angora Gardens to register or for more information. White Oak Park Angora Gardens | 5:00-7:00 p.m. |
| | THURSDAY, MARCH 6, 2014 | |
| Thu., March 6 | Adult Nature Walk Free. Originally started as a program for stroke & heart patients, this nature group has expanded to any interested adult. The informal group meets rain or shine every Thursday of the year. Local naturalists guide these enlightening, leisurely paced walks. New nature adventures & discoveries every week. Dress well for outdoor walking. Meet at North Park Ice Rink Parking Lot | 10:00 a.m12:00 noon |

| Thu., March 6 | South Park Table Tennis – Informal Practice Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | 7:30 p.m. |
|------------------------|--|--|
| | SATURDAY, MARCH 8, 2014 | |
| Sat., March 8 | Regular registration through Sun., Feb. 16: 5K & 5-Mile, \$20; 10-Mile, \$25. Late registration through Mon., March 4: 5K & 5-Mile, \$25; 10-Mile, \$30. Online registration will be available up to and including race day. Race day registration will be in effect online after 12:00 midnight on Fri., March 7 and in person at the Rose Barn on race day. Race day registration: 5K & 5-Mile, \$30; 10-Mile, \$35. Credit cards and checks (payable to: St. Paul's UMC) will both be accepted on Race Day. Proceeds from this race will support teens helping others through St. Paul's United Methodist Church youth outreach and service projects. Past youth projects have found middle school students building a retaining wall on Mt. Washington and completing debris removal from a West Mifflin property. Our senior high teens cleaned up after Hurricane Katrina, roofed homes in North Carolina and West Virginia, and built a wheel chair ramp in Tennessee. Race day registration and packet pickup is 7:30-8:45 a.m. Race starts at 9:00 a.m. Get more information & register online. | Race day registration & packet pickup is 7:30-8:45 a.m. Race starts at 9:00 a.m. |
| Sat., March 8 | Seed Exchange, Jump Start Garden in Green House Free. Pre-registration required by calling 724-224-4102. Learn seed-planting techniques and exchange seeds with others. Harrison Hills Park Environmental Learning Center | 1:00-3:00 p.m. |
| Sat., March 8 | Wagman Winterfest XXI Free. Want to learn about the stars and planets? Come and bring your questions! And if the weather cooperates, we'll take a look at some of winter's wonders, such as the Orion Nebula. Did you receive a telescope for Christmas and don't know how to use it? Bring it along, and we'll help. Be sure to bundle up, and bring a warm beverage. Please be careful where you park and walk the grounds may be slippery. Wagman Winterfest is held weather permitting. Severe cold or heavy snow will cause the star party to be canceled, as will persistent cloud cover. For more information, contact Wagman Observatory at 724-224-2510. Deer Lakes Park Wagman Observatory | 4:00-10:00 p.m. |
| MONDAY, MARCH 10, 2014 | | |

| Mon., March 10 | North Park "Dancing Under the Stars" Skating Show Free & open to the public. The show will feature ice skaters who have taken lessons from the Parks Department this season, as well as their instructors. They will showcase their skills, which range from beginner through competitive skating levels. Performer ages are pre-school through adults. This year's theme is "Dancing Under the Stars" and will feature ballroom, disco and Broadway musical selections. For details, call 724-935- 1280. North Park Ice Rink | 7:00 p.m. |
|---------------------------|---|---------------------|
| | TUESDAY, MARCH 11, 2014 | |
| | Preschool Children's Hour | |
| Tue., March 11 | Free. Pre-registration required by calling 724-935-2170. This program is specifically designed to introduce young children to the outdoors. The class is very hands-on, and we spend most of the time outside. Each child must be accompanied by a parent or guardian who will be actively assisting in their child's learning process. Dress well for outdoor explorations – we do get wet and dirty. North Park Latodami Nature Center | 10:00-11:00 a.m. |
| | | |
| Tue., March 11 | Preschool Children's Hour Free. Pre-registration required by calling 724-935-2170. This program is specifically designed to introduce young children to the outdoors. The class is very hands-on, and we spend most of the time outside. Each child must be accompanied by a parent or guardian who will be actively assisting in their child's learning process. Dress well for outdoor explorations – we do get wet and dirty. North Park Latodami Nature Center | 1:00-2:00 p.m. |
| | South Park Table Tennis – Competitive Play | |
| Tue., March 11 | Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. | 7:30 p.m. |
| | South Park Home Economics Building | |
| WEDNESDAY, MARCH 12, 2014 | | |
| | Family Skate | |
| Wed., March 12 | \$10 per family (2 adults & up to 4 children ages 17 & under) for Allegheny County residents. \$13 per family for non-residents. North Park Ice Rink & South Park Ice Rink | 4:30-7:00 p.m. |
| | THURSDAY, MARCH 13, 2014 | |
| | Adult Nature Walk | |
| Thu., March 13 | Free. Originally started as a program for stroke & heart | 10:00 a.m12:00 noon |

| | patients, this nature group has expanded to any interested adult. The informal group meets rain or shine every Thursday of the year. Local naturalists guide these enlightening, leisurely paced walks. New nature adventures & discoveries every week. Dress well for outdoor walking. Meet at North Park Ice Rink Parking Lot | |
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| Thu., March 13 | South Park Table Tennis – Informal Practice Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | 7:30 p.m. |
| | SATURDAY, MARCH 15, 2014 | |
| Sat., March 15 | Last Day of Skiing & Snow Tubing Season Get information on rates & equipment rentals. Boyce Park Ski Slopes | 9:30 a.m3:00 p.m. |
| Sat., March 15 | Friends of Harrison Hills Meeting Open to the public. Please call 724-224-4102 if planning to attend. Harrison Hills Park Environmental Learning Center | 10:00 a.m. |
| Sat., March 15 | L.L. Bean Spring Fitness & Endurance Outing Free- Minimum age of 10. Come join L.L. Bean's Outdoor Discovery School Instructor John Mrdjenovich for a sevenweek program designed to get you outside and increase your fitness activity. Each week will have a different challenge with increased difficulty. The program starts on March 15 and ends on May 3 (no event on Easter weekend). As part of the endurance program, weight will be added occasionally according to and individuals strength and ability. The program is designed at the beginner to intermediate levels. All fitness levels are welcome. It's great for those who want to increase endurance or maintain weight. Participants are welcome to attend any or all outings. You do not have to participate in one to attend another. Participants are encouraged to come to all seven outings since each builds on the previous. The routes will primarily be on pavement. The routes and locations are subject to change depending on conditions. Good hiking shoes or strong athletic shoes with good support are recommended. Dress appropriately for the weather. The outings occur rain, snow or shine. Get more information & register online. North Park J.C. Stone Field | 10:00 a.m. |
| Sat., March 15 | Maple Sugaring Festival Free. Please pre-register large groups by calling 724-733-4618. Learn the Native American and pioneer history and lore of the maple sugaring process. Experience firsthand | 1:00-2:00 p.m. |

| | how to identify maple trees, tap them and collect sap. Sample various forms of syrup. | |
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| | Boyce Park Nature Center | |
| Sat., March 15 | Venture Outdoors Irish Ale Trail Hike \$40 for non-members; \$30 for Venture Outdoors members. Minimum age is 21. Get into the St. Patty's Day spirit with a hike and beer tasting. We're going to celebrate all things Irish on this 3- to 4-mile hike. We'll finish at Full Pint Brewery for a tasting of local microbrews. Each participant will take home a growler of beer straight from the source. Get more information & register online. White Oak Park | 1:00-4:30 p.m. |
| | SUNDAY, MARCH 16, 2014 | |
| Sun., March 16 | Last Day of Ice Skating Season Get information on rates & equipment rentals. North Park Ice Rink & South Park Ice Rink | 10:00 a.m2:00 p.m. |
| | ST. PATRICK'S DAY – MONDAY, MARCH 17, 2014 | |
| Mon., March 17 | Senior & Disabled American Veteran Golf Permits Go on Sale Seniors ages 60 & over and disabled American veterans with identification cards: \$80 for county residents; \$100 for non-residents. Entitles holder to daily rate of \$8 for 18 holes or \$5 for 9 holes for residents, and daily rate of \$10 for 18 holes or \$6 for 9 holes for non-residents. Carts are not included. For more information & valid hours, visit the golf permit website. Permits may be purchased at the North Park & South Park clubhouses from 8:00 a.m. to 3:30 p.m., Monday through Thursday. North Park Golf Course & South Park Golf Course | 8:00 a.m. |
| | TUESDAY, MARCH 18, 2014 | |
| Tue., March 18 | South Park Table Tennis – Competitive Play Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | <mark>7:30 p.m.</mark> |
| WEDNESDAY, MARCH 19, 2014 | | |
| Wed., March 19 | Friends of South Park Meeting Open to the public. The Friends of South Park is a citizens advocacy group focused on park improvement. Their mission is to preserve the rich heritage and resources of the park by identifying areas of the park that need improvements, then acquiring resources to accomplish | Council meeting at 7:00 p.m. General meeting at 7:30 p.m. |

| | them. They meet on the third Wednesday of each month. | |
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| | South Park Buffalo Inn | |
| | THURSDAY, MARCH 20, 2014 | |
| Thu., March 20 | Adult Nature Walk Free. Originally started as a program for stroke & heart patients, this nature group has expanded to any interested adult. The informal group meets rain or shine every Thursday of the year. Local naturalists guide these enlightening, leisurely paced walks. New nature adventures & discoveries every week. Dress well for outdoor walking. Meet at North Park Ice Rink Parking Lot | 10:00 a.m12:00 noon |
| Thu., March 20 | Allegheny Foothills Historical Society Meeting Open to the public. For more information, please visit the historical society website. Boyce Park Administration Building | <mark>7:30 p.m.</mark> |
| Thu., March 20 | South Park Table Tennis – Informal Practice Everyone is welcome, regardless of skill level. South Park Table Tennis membership is \$40 per year. New members are welcome to visit three times for free. South Park Home Economics Building | <mark>7:30 p.m.</mark> |
| | SATURDAY, MARCH 22, 2014 | |
| Sat., March 22 | \$50 registration fee. This run is in memory of Lt. Joseph Charles Stone, known as J.C. Receive a tech fabric running shirt, excellent finisher medal, pizza and a cookout at the finish line. Get more information & register online. For more information, please visit http://www.jcstone50k.com North Park Boathouse | 8:00 a.m. |
| Sat., March 22 | L.L. Bean Spring Fitness & Endurance Outing Free- Minimum age of 10. Come join L.L. Bean's Outdoor Discovery School Instructor John Mrdjenovich for a sevenweek program designed to get you outside and increase your fitness activity. Each week will have a different challenge with increased difficulty. The program starts on March 15 and ends on May 3 (no event on Easter weekend). As part of the endurance program, weight will be added occasionally according to and individuals strength and ability. The program is designed at the beginner to intermediate levels. All fitness levels are welcome. It's great for those who want to increase endurance or maintain weight. Participants are welcome to attend any or all outings. You do not have to participate in one to attend another. Participants are encouraged to come to all seven outings since each builds | 10:00 a.m. |

| | on the previous. The routes will primarily be on pavement. The routes and locations are subject to change depending on conditions. Good hiking shoes or strong athletic shoes with good support are recommended. Dress appropriately for the weather. The outings occur rain, snow or shine. Get more information & register online. North Park J.C. Stone Field | |
|----------------|--|--------------------|
| Sat., March 22 | Friends of South Park: The Natural Home – Inside & Out Free. Radio host Faith Starr will provide tips to make your home toxin-free and naturally clean. Get more information online. South Park Nature Center | 10:00 a.m. |
| Sat., March 22 | Friends of Harrison Hills: Turtle Talk Free. Reservations required by emailing friendsofharrisonhills @comcast.net or calling 724-224-4102. Limit of 30 people. Turtle expert Greg Levish will share his knowledge about turtles, as well as some delicious turtle soup and much more. Get more information online. Harrison Hills Park Environmental Learning Center | 1:00-3:00 p.m. |
| | SUNDAY, MARCH 23, 2014 | |
| Sun., March 23 | Pittsburgh Trails Advocacy Group Steward Orientation Free. Longtime steward Dave Biber will be on hand to discuss trail management methods and techniques. This day will include a teaching session, as well as practical application workshops. Upon conclusion of the orientation, we'll head down to OTB at the North Park Boathouse for a cool beverage and/or a bite to eat. Get more information online. North Park Parish Hill Facility | 11:00 a.m2:00 p.m. |

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alleghenycounty.us/winterfun

DEPARTMENT OF PARKS

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